



Contraindications

It is always recommended to consult with your physician before using the Biomat.

***Remember to stay hydrated while using the Biomat.

Contraindications:

Organ Transplants -

Recipients of any type of organ transplant (Kidney, Heart, Liver, etc.) **should not** use the Biomat. After an organ transplant, patients will need to take immunosuppressant (anti-rejection) drugs to help prevent their immune system from attacking, or rejecting, the new organ. The use of the Biomat's far infrared rays increases immune system function, which will tell your body to attack the new organ.

External Pacemaker -

We recommend anyone who uses an external pacemaker that they **should not** use the Biomat.

Use with Caution:

Medications -

We recommend anyone who is currently taking medications to consult their physician before the use of the Biomat. The use of the Biomat's far infrared rays may interfere with certain medications.

Fever -

We recommend anyone experiencing a high fever to use the Biomat with **no heat and negative ions only**.

Joint Injuries -

We recommend anyone with recent (acute) joint injuries to use the Biomat with **no heat and negative ions only**. Injuries should not be heated within the first 48 hours, as joints that are hot or swollen may respond poorly to heat.

Insensitivity to Heat -

We recommend anyone with diseases associated with a reduced ability to sweat or insensitivity to heat to use the Biomat with **no heat and negative ions only**.

Immobility -

We recommend anyone with difficulty moving or changing positions while seated or in bed to use the Biomat with **low heat only** (95F-104F) or **negative ions only, for no more than 8 hours per day**. Persons with generally poor health or weakness, paralysis, injuries or illnesses that requires bed rest or wheelchair use, sedation, or coma are more at risk for bedsores (pressure sores) or possible low heat burn.

Internal Pacemaker / Defibrillator -

We recommend anyone who uses an internal pace maker and/or defibrillator to consult their physician before the use of the Biomat. In general, infrared heating pads have not been shown to interfere or damage pacemakers/defibrillators. However, there may be a small chance of causing interference occasionally. We recommend anyone who uses a pacemaker and/or defibrillator to use the Biomat on **low heat only** (95F-113F). The use of the Biomat increases circulation of the blood, which can cause an increase in heart beat. Some people who use a pacemaker, experience discomfort since their heart beat is being controlled. If you are experiencing continued discomfort, discontinue use immediately and seek medical attention. For persons with a defibrillator, do not lay the Biomat directly over your device.

Certain Ailments -

We recommend anyone with the following ailments to use the Biomat on **low heat** (95F - 113F) or **negative ions only**. It is inadvisable to raise the core temperature to high levels of persons with the following conditions: Adrenal Suppression Disorders, Addison's Disease, Adrenal Insufficiency, Systematic Lupus Erythematosus, and Multiple Sclerosis (MS).

Brain Tumor -

We recommend anyone with a brain tumor to use the Biomat on **low heat only** (95F-113F).

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Bypass Surgery –

We recommend anyone who has undergone bypass surgery to use the Biomat on **low heat only** (95F-113F). The use of the Biomat increases circulation of the blood, which can cause normal blood vessels to expand. Some people who have gone through bypass surgery, experience discomfort since their blood vessels can't expand.

Diabetics –

We recommend anyone with Diabetes to use the Biomat on **low heat only** (95F-113F). Diabetics' skin is weak, which can cause low heat burn from the use of the Biomat. Once the skin is damaged, it may be difficult to recover.

High Blood Pressure (Hypertension) –

We recommend people with chronically high blood pressure (hypertension) to use the Biomat with caution before and after use, and on **low heat only** (95F-113F). Sudden changes in body temperature and/or weather temperature may cause an increase in blood pressure.

Newborn Babies –

We recommend parents with newborns to wait until their baby is at least 6 months old before using the Biomat on **low heat only** (95F-104F) or **negative ions only**, with adult supervision. Please use with caution.

Infants –

We recommend that infants using the Biomat should use it on **low heat only** (95F-113F), with adult supervision. If temperature is too high for the child, the temperature can't be controlled without an adult. Please use with caution.

Pregnancy / Expectant Women –

We recommend women in their pregnancy or those who are expecting to use the Biomat on **low heat only** (95F-113F). Excessive temperatures have a potential for fetal damage during early months of pregnancy so it is important to consult your physician before use of the Biomat.

Radiation Therapy/Chemotherapy –

We recommend anyone that has currently received radiation treatments or chemotherapy to use the Biomat on **low to medium heat** (95F-131F).

Surgical Implants –

Recipients of Titanium, Metal, Ceramic, or Plastic implants can use the Biomat. Surgical implants generally reflect infrared rays and are not heated by an infrared heat system. Anyone who experiences pain in those areas should check with their physician.

Silicon - Silicon implants may be warmed by infrared rays. Silicon is known to melt at over 200 degrees Celsius / 392 Fahrenheit, so it should not be adversely affected by infrared rays. It is advised that you consult your surgeon before use.

Pain:

Pain should not be experienced when using the Biomat. However, the infrared heat will go to areas of disease or discomfort so some people may perceive this as pain and others as a sensation. If pain is persistent, discontinue use.

Worsened Condition:

If there are any worsened conditions when using the Biomat, discontinue use. Some temporary symptoms may occur, which can be attributed to the detoxification and healing process. For more information, please see the stages of improvement in Richway's Ions and Infrared Rays booklet.

I HAVE READ AND ATTEST THAT NONE OF THE ABOVE CONDITIONS PERTAIN TO MY CURRENT HEALTH STATUS.

Name: _____ Date: _____

Signature: _____

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